



Heritage Lakes

Community Association

Fostering a sense of community since 1992.

Fall 2009

Our Mission Statement:

Our Association strives to meet the needs of all residents through promoting neighbourhood involvement and fostering a sense of community.

Upcoming Events

Sports Night and Yoga starts this Friday, September 18th

**Halloween Party
6:30 – 8:00 pm
October 30, 2009**

**Christmas Party
December 11, 2009**

2008 – 2009 Executive

**President:
Peggy @ 780.459.8985**

**Vice President:
Betty @ 780.459.0587**

**Treasurer/Membership:
Dale @ 780.460.4276**

**Secretary:
Jocelyn @ 780.458.9520**

**Sports Activities:
Wendy @ 780.458.2274**

**Directors:
Carol @ 780.458.4973
Jill @ 780.418.8814
Jody @ 780.460.5012**

**Webmaster:
Ed @ 780.458.5585**

CANADA DAY BREAKFAST

We had an awesome Canada Event on July 1st with a great turn out – nearly 500 people! The joke of the day was that you could not find any breakfast sausage left in any grocery stores in St. Albert because we had board members and spouses buying them all for the crowd.

Message from Council member, Len Bracko:

“Great Canada Day!!! Great breakfast!!! Great work by yourself and all volunteers!!! I am proud to live in Heritage Lakes and greatly appreciate the positive impact the community association is having on our community. You are leaders in St. Albert.

“The Heritage Lakes Breakfast is a very important part of our Canada Day celebrations. Council greatly appreciates your contribution!!! We look forward to enhancing our Canada Day celebration for next year and are already planning additional opportunities. Keep up the excellent work.

“I even had the opportunity to renew my membership. A great summer to all.”

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Annual General Meeting

Our Annual General Meeting was held on **April 22, 2008** at 7:00 pm at **École La Mission School (46 Heritage Drive)**.

Attendance was around 60 people for the AGM, our best turn out in several years. We suspect that it had something to do with our guest speaker, Jim Hole. Jim presented some valuable information about spring planting and answered numerous questions from the audience. As well, we would like to thank Roy Bedford from the City of St. Albert for providing up-to-date community information. Roy and a representative from Public Works explained why the pond was not flooded for skating last winter. Carmen Praski was also available to give us some information on QSP magazine subscriptions and how they benefit our community association.

We welcome 2 new board members, Jill Cunningham and Jody Mathon. It's great to see some new faces on the board!

As always we are looking for new ideas and knowledge from our community members. Even though you may not be able to commit to being on the Executive, we encourage you to come out and let us hear from you, as your input is valuable to the Executive and our Community Association.

2009 SPORTS NIGHT

The fall 2009 Sports Night Schedule is below. Some of these dates may be cancelled, as the school has first priority with respect to use of the facility. Last minute changes are posted on our web site at:

www.heritagelakes.ca.

We are pleased to introduce Brenda as our yoga instructor. Brenda has been practicing yoga for over 10 years. She has her certification as a Hatha yoga instructor through Yoga for Today and is certified through the Yoga Association of Alberta. As well she is certified to teach Ashtanga Yoga through the Yoga Loft recognized through the Yoga Alliance.

Sports night is **free for HLCA members**, non-members pay a \$2 drop-in fee for sports and \$10 for yoga.

Sept. 18, 2009	6:30 – 7:30pm	Basketball & Frisbee
	7:45 – 8:45pm	Yoga
Sept. 25, 2009	6:30 – 7:30pm	Volleyball & Tag
	7:45 – 8:45pm	Volleyball (15 yrs +)
Oct. 2, 2009	6:30 – 7:30pm	Badminton & Balloons
	7:45 – 8:45pm	Yoga
Oct. 9, 2009	6:30 – 7:30pm	Dodge Ball & Football
	7:45 – 8:45pm	Yoga
Oct. 16, 2009	6:30 – 7:30pm	Basketball & Frisbee
	7:45 – 8:45pm	Yoga
Oct. 23, 2009	6:30 – 7:30pm	Volleyball & Tag
	7:45 – 8:45pm	Yoga
Oct. 30, 2009	6:30 – 8:00pm	HALLOWEEN PARTY
Nov. 6, 2009	6:30 – 7:30pm	Dodge Ball & Football
	7:45 – 8:45pm	Yoga
Nov. 20, 2009	6:30 – 7:30pm	Basketball & Frisbee
	7:45 – 8:45pm	Yoga
Nov. 27, 2009	6:30 – 7:30pm	Badminton & Balloons
	7:45 – 8:45pm	Yoga
Dec. 11, 2009	6:30 – 8:00 pm	CHRISTMAS PARTY

2008 Halloween Party Games



Memberships

2009-2010 memberships are due as of April 1st. Your membership is essential for our Association to exist and provide events like Canada Day, the Halloween Party, the Christmas Party and the Family Day Celebration. They also fund sports night, the cost of a yoga instructor, insurance coverage for sports night, and the copying and distribution of our newsletter.

For renewals or new memberships, please contact Dale at 780.460.4276 Or hlcaexec@hotmail.com

Memberships are still only \$20.00 per family!

Canada Day 2009 Breakfast



Are you a new resident of Heritage Lakes?

The Heritage Lakes Community Association organizes activities for the community. Watch for notices about upcoming events on the sign boards as you enter Heritage Lakes, or visit our website: www.heritagelakes.ca

Send your email address to hlcaexec@hotmail.com to be notified of upcoming events.

Dress-up for our Halloween Party on Friday, October 30th from 6:30-8pm. This is a family event geared towards younger children ☺